



How to Cure Bronchitis Now: Stop the Cycle of a Breathing Nightmare!

Renee Paden

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How to Cure Bronchitis Now: Stop the Cycle of a Breathing Nightmare! is a book created by Renée Paden to help people recover from an illness she successfully cured after many repeated attacks of acute bronchitis over several years in the mid-1990's. She shares some great insights as to what she discovered about bronchitis. She tells you what you should do to clean up your environment to protect your lungs. There is a recommendation for those who are taking or have taken antibiotics to recover from the assault of this medication. Renée gives you a couple of ways to pamper yourself, while healing your body at the same time. There are a couple of recipes she developed for you to use to help you clear your lungs and keep yourself hydrated. She even shares the simplest technique that no doctor will tell you to stop your cold from turning into bronchitis. She did more research to include extra consideration for chronic bronchitis, because she wanted to make sure breathing would be easier for everyone.

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