



Slender Slow Cooker Cookbook: Low Calorie Recipes for Slow Cooking under 200, 300 and 400 calories (Slender Cookbook Book 1)

Maryanne Madden

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Slender Slow Cooker Cookbook

Low Calorie Recipes for Slow Cooking under 200, 300 and 400 calories.

This book is for you if:

You're looking for easy low calorie slow cooker recipes, which keep an eye on your calorie intake.

You're looking for a slow cooker cookbook that's full of flavour.

You don't want to spend all your time in the kitchen. The slow cooker recipes are easy to put together in the morning, leaving you free to come home to a delicious meal in the evening.

Including the following low calorie slow cooker recipes, and many many more:

Pork Chops with Apricot.

Potato & Sweetcorn Casserole.

Lamb Korma.

Lamb with Pears and Potatoes.

Sausage Casserole.

Slow Cooker Beef.

Vegetable Goulash.

Vegetable Stew & Dumplings.

Lancashire Hotpot.

Happy Slow Cooking!

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