



**The Joy of less Boxed Set: A four book bundle that
shines a light on the path to a joyous, clutter free
life of simplicity and freedom**

Cary David Richards

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Individually these books have received over seventy five 4 and 5 star reviews

"Wonderful! This writing says so much of what my soul has been asking for."

N.W. Nation

What if you could live on purpose and reduce or eliminate most of the stress and worry that you experience on a daily basis?

Simple organized living is a wonderful concept but it takes more than throwing a bunch of unwanted stuff in a box and making a dump run. It requires a paradigm shift and a commitment to doing things in a different way.

But before you simplify your space, you need to be emotionally and spiritually ready to not only handle the de-cluttering projects you are going to tackle but to permanently change your habits and attitudes towards your material possessions

Volume 1 - The Joy of less - Discovering Your Inner Minimalist

Overwhelmed and exhausted, we tend to hit the ground running every morning without much thought to what exactly we are doing or why we're doing it. Phone calls, texts, e-mails, Kids sports and yoga classes. It's all a blur of activity and deadlines. Are these activities meaningful to you? Are they contributing to your joy and serenity or is the mindless rushing about simply a way of not thinking about what's really important?

Volume 2 - The Joy of less – Finding Simplicity

Find out why Simplicity is the key to a happier, more joyous existence. The world we live in is getting more complex and stressful every day. At some point you just need to stop and decide what is most important to you, focus in on those things and flush the rest of it. Or at least keep it at arm's length. Discover how to find the simplicity that will bring you the joy and serenity you seek. Learn to live in the moment, reduce the clutter around you, face your fears and embrace change

Volume 3 - The Joy of less - Purging: A Step by Step Guide to a Clutter Free Environment

The third book in Cary David's epic series on minimalist living details how to simplify your space and gives you down to earth real world step by step strategies to purge your environment of all of the unused, unwanted stress inducing "Stuff" that has accumulated in the corners of your life. It will change how you view your possessions and allow you to become more conscious about not only the disposition of the things you don't want or need but also be more conscious and careful about the acquisition of more "stuff".

Volume 4 - The Joy of less - Get Clutter Free for Life

Once you've purged your environment of the unwanted, superfluous stuff that has been clogging the arteries of your life, you'll need some ideas and strategies to keep it clutter free. It starts with your relationship to your possessions and your environment. How you think about them and what they mean to you. It also means taking a good hard look at how you buy things, why you buy them and what happens to them after you own them.

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Wilma Baca:

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Cheryl Estrella:

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