

# Dressage Solutions: A Rider's Guide

Arthur Kottas-Heldenberg

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Following the highly acclaimed Kottas on Dressage, this book by one of the foremost exponents of Classical dressage offers advice on the correct way to introduce work on the paces, exercises, and movements, together with in-depth analysis of common problems and the ways to correct them.

Dressage Solutions takes the reader through many stages of training, from ensuring that the basic paces are correct, through introducing the lateral exercises, developing the canter, rein-back, piaffe, and passage, to a final chapter that explains some of the long-established movements of the High School. This is a journey that will provide much food for thought, and a great deal of invaluable advice, for all riders who have progress and their horse's well-being at heart.



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