



11 Simple Tools to Survive Your First Year in the Navy: How to join the U.S. Navy

Bradford Chalmers

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The Ultimate Guide to Surviving your First Year in the Navy

So you've made the decision to join the Navy. Maybe you're patriotic and want nothing more than to serve your country? You might have had your heart broken so you decided to do something meaningful with your life. Heck, some people decide to join the Navy just so they can put their aggressiveness to good use.

Whatever your reason, you find yourself staring down the most intimidating question that you've ever faced.

How are you going to survive the first year in the Navy?

The transition from civilian life to military life is not an easy one. Navy Basic Training is the most intimidating feat aspect of joining the military. So much focus is put on it that it's easy to forget that the decision to join the Navy is going to affect the rest of your life. Ask yourself this: Surviving the Navy is more than just a book to help you survive basic – it will show you everything that you need to know to help you prepare and survive your first year in the Navy.

- **What you Need to Know Before Signing Up:** Know what you are signing up for before you put your name on the dotted lines.
- **Prepare for and Survive Basic Training:** Navy Basic Training is tougher than it used to be. Preparation is the key to making this two month period go as smoothly as possible.
- **Learn the Chain of Command:** Proper use of the Chain of Command is paramount to life in the military.
- **Navy Entitlements:** Know what you are entitled to as a member of the United States Military.
- **Maintain your Fiscal Health:** The Navy considers your fiscal health to be just as important as your physical health. Learn how just one hour per week can make all of the difference!
- **Balancing your New Military Life:** Life in the military is much different from that of a civilian. Finding a balance might be the single most important thing you can do to survive your first year.

Whether you have already made up your mind to join the Navy or are just weighing your different options, this book is a perfect choice. 11 Simple Tools to Survive Your First Year in the Navy will serve as an invaluable tool to help you through this difficult transition. Get your copy today!

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