

Loving Sex

Laura Berman

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Loving Sex Laura Berman

This is the perfect lovers' guide to passion. From foreplay to favourite positions, "Loving Sex" is a frank, approachable book for couples. It is the first contemporary sex guide to put as much emphasis on emotional connection as on physical pleasure, providing the foundation for a lifetime of intimacy. Realistic photographs, illustrations and candid explanations demonstrate how couples can relish foreplay, explore new positions and techniques and experiment with exotic practices, from dressing up to Tantra. Written by Dr Laura Berman who has over 20 years' experience of helping couples achieve greater intimacy, "Loving Sex" is guaranteed to help you experience the heady heights of physical ecstasy and emotional intimacy.



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