



# Meditation on Emptiness

*Jeffrey Hopkins*

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## **Meditation on Emptiness** Jeffrey Hopkins

In this major work, Jeffrey Hopkins, one of the world's foremost scholar-practitioners of Tibetan Buddhism, offers a clear exposition of the Prasangika-Madhyamaka view of emptiness as presented in the Ge-luk-ba tradition of Tibetan Buddhism. In bringing this remarkable and complex philosophy to life, he describes the meditational practices by which emptiness can be realized and shows throughout that, far from being merely abstract, these teachings can be vivid and utterly practical. Presented in six parts, this book is indispensable for those wishing to delve deeply into Buddhist thought.

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