



More Than Moody: Recognizing and Treating Adolescent Depression

M.D. Harold S. Koplewicz

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One of the nation's most distinguished child and adolescent psychiatrists shows parents the warning signs, risk factors, and key symptoms that offer important clues about depression. He also illustrates a broad range of treatment options including SSRI antidepressants as well as non-pharmaceutical approaches such as cognitive behavior therapy. With solid advice and compelling real-life stories, *More Than Moody* is an invaluable resource.

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