



Beef and Other Meat Jerky Recipes by Deborah Dolen

Mabel White

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Beef and other Meat Jerky Recipes has been one of Deborah Dolen's Bestselling books for a decade. Formerly in spiral bound, with great reviews on Amazon, it is presently only offered in eBook format. Deborah Dolen is a Bestselling author of 28 DIY type books, but Jerky Recipes by far is her bestseller. Dolen's Jerky book has been a popular gift for hunters and purchased by hunters, not to mention wives who are faced with a sudden influx of meats from their husbands who hunt! *Each recipe is hyper-linked in the Table of Contents so a reader should be able to go back and forth with ease.

This eBook has been updated September of 2012 with delicious new recipes such a Gyro "Greek" style jerky and a similar "Ground Meat" version of Greek style because this book also instructs how to make jerky with ground meat and a jerky gun – or if you do not have a jerky gun, how to freeze it and slice it to still make jerky with ground meats. Regarding the Greek style, Deborah Dolen also includes the traditional cucumber yogurt sauce recipe that typically is served with Gyros. When the book was updated in September of 2012 a few recipes that were just not popular were omitted and several new highly regarded recipes added.

This book has recipes for wild game, even Caribou, many for venison as well as commercially secured meats. Most recipes offer two methods of making jerky, either the oven method or dehydrator – although some recipes are designed only for those using smokers. Other delectable recipes include Blue Ribbon Jerky and Jack Black Label Sweet Jerky. Deborah also created a favorite jerky recipe that includes Cola, Pepper Beef Jerky with Triple Sec and a Deli Meat Jerky where you can make Jerky with deli meats.

A good meat Jerky is one of the easiest things to make and once you get your technique down, you can make tons of it. Many people are succeeding at Mom and Pop Jerky operations right out of their garages. Beef Jerky was one of the mainstays of American pioneers when they were settling the west. It enabled them to preserve their meat and ensured they did not go hungry in times of need.

As one purchaser explained to the author - another reason Jerky is so popular is because wild game is usually natural and does not contain hormones or other chemicals.

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