



The Gift of the Caregiver (Care Spring)

Julia Balzer Riley RN MN HNC

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The Gift of the Caregiver is a new gift book for caregivers that celebrates who they are and what they do. Topics include: finding balance in your life, relationship building, spirituality, fear, anger, forgiveness, professional and personal growth, positive attitudes, aging, problem solving, and coping elegantly.

This book offers wit and wisdom to nourish and inspire in a perfect size to take anywhere and enjoy anytime. The Gift of the Caregiver is a product of over 25 years of facilitating caregivers' professional and personal growth -- a legacy from a psychiatric nurse and professional speaker, Julia Balzer Riley, RN, MN, HNC, who believes, "If I can laugh at it, I can cope with it."

The Gift of the Caregiver is the perfect gift for the caregivers in your life.



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