

The Lavender Miracle: Discover Mind Blowing Benefits Of Using And Growing Lavender For Ultimate Health, Beauty, And Relaxation (Lavender - Herbal Remedies - Natural Cures -Herbs - Herbal Medicine)

Victoria Lane

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# The Amazing Benefits of Lavender Revealed

\* \* \*LIMITED TIME OFFER! 50% OFF! (Regular Price \$5.99)\* \* \* All you ever wanted to know about Lavender and More! What comes to your mind when you think of lavender? Most of the people would say the color and a few might think of hair styles. The color's name was adopted from the flower, the lavender. There are a lot of species of lavender. Lavender is used for medicinal purposes, culinary purposes and for decoration. This e-book is all about lavender, the flower, not the color. The book would teach you how to grow, harvest, store and use the flowers. It also gives tips about how to make essential oils out of it and also talks about the health benefits. This book has the essence of the author's several experiences with growing the flower. It took the author, a lot of batches to kill, before it became easy to grow it. The lavender is being grown in the world for more than two thousand years. It was used for seduction, portraying wealth, healing wounds and for many others purposes. The Romans were the first to use it for healing and for recreation. Are you stressed, depressed, not able to sleep or in pain? You can use lavender to overcome your problems. This book is all about the herb. This e book will tell you everything starting from sowing the seeds to eating them. Yes, lavender is an edible flower and the book has a few recipes for you. This is not an advertisement which encourages you to use the herb for commercial reasons. The book talks about the problems and medical conditions and how the role lavender plays in overcoming them. If you are already using the herb, you might need to check with the few medical conditions explained in this book to know whether it is better to consume lavender or not. In simple words, this book is a passive teacher for your experience with lavender.

## What You'll Learn from "The Lavender Miracle"

• The Nardus of the Greeks – lavender • Uses of lavender • Lavender essential oil • Planting and growing lavender • Harvesting, pruning and storing • Let's cook with lavender

### Want to Know More?

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