



Letting Go of the Dragon: 7 Keys to Effortless Speech

Anna A. Margolina Ph.D.

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Anna Margolina, Ph.D. uses her personal journey toward overcoming stuttering to explore secrets of effortless speech. Drawing heavily upon her professional experience as a life coach and an NLP practitioner, Anna presents a compelling evidence that by adapting new ways of thinking individuals can arrive at the "zone" and achieve freedom, serenity and satisfaction in their lives.

In her motivational self-help guide, Margolina shares the seven keys that helped her finally unblock her flow and experience the wonder of effortless speaking. From learning to "empty your cup" of all your previous knowledge to embracing the idea of failing gloriously, she walks you through her inspiring journey and reveals how you, too, can unlock your mind's magic to overcome what's blocking you from experiencing a vibrant life.

Margolina invites you to learn how to take the struggle out of speaking by following the simple but effective path of *Letting Go of the Dragon*.

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