



Reviving Ophelia: Saving the Selves of Adolescent Girls

Mary Bray; Pipher, Mary Pipher

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This book takes a look at the effects of societal pressures on American adolescent girls, and utilizes many case studies from the author's experience as a therapist. The book has been described as a "call to arms" and highlights the increased levels of sexism and violence that affect young females. Author Mary Pipher asserts that whilst the feminist movement has aided adult women to become empowered, teenagers have been neglected and require intensive support due to their undeveloped maturity.

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