



Body Feng Shui: The Ancient Chinese Science of Body Reading

Chao-Hsiu Chen

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- The first book in English on the ancient Chinese tradition of reading personality traits in physical appearance.
- Includes over 100 illustrations that explain the meanings of physical characteristics.
- Explains how individuals can influence their destiny and use negatively perceived physical aspects as tools for healthy relationships and positive self-transformation.

Min Xiang Shue--also known as body feng shui--is an ancient Taoist tradition that uses the techniques from the more familiar art of placement (feng shui) to reveal the connection between inner character and external appearance. According to this ancient art, it is possible to recognize the personality of an individual from his or her facial features, hand shape, movements, and posture. Generously illustrated with more than 100 drawings that explain the meaning of distinctive physical characteristics, *Body Feng Shui* teaches you how to explore your own and others' destinies by reading the truths of the soul as they appear on the human body.

Introduced for the first time in the Western world, the art of body feng shui can show how a negative or positive physical aspect can be partially responsible for happiness or misfortune, health or illness, wealth or poverty. Moreover, though we are given certain attributes at birth, these are not unchangeable. *Body Feng Shui* provides valuable lessons for redesigning our fate based on the observations of our physical appearance and offers many examples of positive changes you can make to transform an inauspicious physical feature into a blessing--none of which require plastic surgery.

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