



Pregnancy Sucks: What to Do When Your Miracle Makes You Miserable

Joanne Kimes, Sanford A. Tisherman

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Pregnancy Sucks, by Joanne Kimes and Sanford A. Tisherman, M.D., gives you real solutions to all the annoying and somewhat awkward situations that can unexpectedly arise during your pregnancy.

Did you know that:

- Farm-fresh butter, or petroleum jelly, works just as well for your itchy belly as a fancy and overpriced "pregnancy" product?
- If you're put on bedrest, walkie-talkies will allow you to yell at your husband-no matter where he is in the house!
- Surrounding yourself with regular pillows (don't forget to swipe your husband's) is just as good as buying a special large "pregnancy pillow"-and more adaptable to giving support where you personally need it?
- Doing the hokey pokey, or taking a warm shower, can ease Braxton Hicks contractions?

Full of insight, hilarity, and practical solutions on every page, *Pregnancy Sucks* shows how, through it all, you can survive with your health, dignity, and sanity intact!

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From reader reviews:

Charlotte Bernstein:

Reading a reserve tends to be new life style in this era globalization. With looking at you can get a lot of information that may give you benefit in your life. With book everyone in this world can share their idea. Publications can also inspire a lot of people. A lot of author can inspire their own reader with their story or their experience. Not only the storyplot that share in the textbooks. But also they write about the data about something that you need instance. How to get the good score toefl, or how to teach your children, there are many kinds of book that exist now. The authors on this planet always try to improve their talent in writing, they also doing some study before they write to the book. One of them is this Pregnancy Sucks: What to Do When Your Miracle Makes You Miserable.

Michael Green:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their leisure time with their family, or their friends. Usually they accomplishing activity like watching television, likely to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Could be reading a book is usually option to fill your totally free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the guide untitled Pregnancy Sucks: What to Do When Your Miracle Makes You Miserable can be very good book to read. May be it can be best activity to you.

Alexandra Robbins:

The reason why? Because this Pregnancy Sucks: What to Do When Your Miracle Makes You Miserable is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will zap you with the secret this inside. Reading this book adjacent to it was fantastic author who else write the book in such remarkable way makes the content inside of easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book possess such as help improving your skill and your critical thinking approach. So , still want to postpone having that book? If I were you I will go to the publication store hurriedly.

Anthony Martin:

Reserve is one of source of knowledge. We can add our expertise from it. Not only for students but also native or citizen have to have book to know the up-date information of year to be able to year. As we know those textbooks have many advantages. Beside most of us add our knowledge, can also bring us to around the world. From the book Pregnancy Sucks: What to Do When Your Miracle Makes You Miserable we can consider more advantage. Don't one to be creative people? To become creative person must prefer to read a book. Simply choose the best book that suited with your aim. Don't end up being doubt to change your life at

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