

Homemade Beauty Treatments and Natural Skin Care Secrets: Simple Recipes to Use Everyday (All Natural Cosmetics Book 1)

Vesela Tabakova

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It is Easy to Be Beautiful!

Everyday average women in Bulgaria impress with their beauty and are usually described as gorgeous and irresistible. They are often pointed among the most beautiful women in the world.

How do Bulgarian girls do it? Do they use some special make up or expensive cosmetics or is it possible to feel and look great by simply following grandmothers beauty tips and recipes?

Bulgarian women have always taken every effort to look wonderful, even in Communist times when so little was available and they had to rely on home remedies.

What are the easiest homemade face masks that keep your skin looking and feeling young and healthy? What are the best natural products you can use instead of face creams and moisturizers?

In my "All Natural Cosmetics" series I have collected some of the best skin care recipes, as well as various tips and advice for gorgeous hair. Some of them are well known and yet women still don't dare to try and replace their usual beauty products with simple, natural, homemade and much safer choices.



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