



# The Mentoring Manual: Your step by step guide to being a better mentor

*Julie Starr*

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As a mentor you must be many things: role model, expert, advocate, cheerleader, enforcer and friend. Plus you must make a positive, lasting difference to the knowledge, skills and prospects of your mentee.

So, being a mentor is a big responsibility. But with The Mentoring Manual, getting it right is easy.

Based on methods developed - and proven – in business, this highly practical book will show you how mentoring works, take you step-by-step through everything you need to know and do, and show you how both parties can get the best from the relationship.

- Understand what mentoring really is and how to do it well
- Feel fully confident in your ability to be a great mentor
- Develop key skills like listening, collaboration and coaching
- Help your mentee feel more knowledgeable, confident and valued
- Pass on your skills, experience and expertise to colleagues and contacts

Get the most from mentoring: help your mentee, develop your skills and make a positive difference

**“A breath of fresh air compared with many books on coaching and mentoring. The process of mentoring and the potential pitfalls are presented in a clear and challenging way.”**

David Megginson, Emeritus Professor of HRD, Sheffield Hallam University

**“A clear, pragmatic and accessible guide for mentors.”**

Professor David Clutterbuck, author, speaker, and co-founder of the European Mentoring and Coaching Council

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