



# Mom Needs Chocolate: Hugs, Humor and Hope for Surviving Motherhood

*Debora Coty*

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What's a rundown, run-ragged mom to do? Her spirit yearns to soar, but her feet---and faith---are stuck in the diaper-by-diaper mud of everyday responsibilities. How can she de-muck when she's chronically exhausted and relentlessly robbed of abundant life by the joy-sucking dully-funks? This offbeat glimpse of reality with a tangy twist pitched in to help busy mothers get in touch with rejuvenating joy and empowering faith! In mom-to-mom, smile-eliciting style, humorist Debora Coty doesn't lollygag around the hot topics such as enduring marriage, embarrassing children, defeating depression and grossfully (er, gracefully) aging. Unique insights and outrageous coping tips are shared alongside sisterly hugs and warm encouragement. Mom Needs Chocolate is a veritable grocery list of mud-between-your-toes issues, tackled with witty frankness and wild abandon. Young-at-heart mothers of all ages will enjoy hilarious and heartwarming stories that apply Scripture to real life and remind them how to hear God's still, small voice about blathering kids, howling pets and snarling traffic!

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