



# **The Seasons of the Soul: The Poetic Guidance and Spiritual Wisdom of Hermann Hesse**

*Hermann Hesse*

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## **The Seasons of the Soul: The Poetic Guidance and Spiritual Wisdom of Hermann Hesse** Hermann Hesse

Vowing at an early age “to be a poet or nothing at all,” Hermann Hesse rebelled against formal education, focusing on a rigorous program of independent study that included literature, philosophy, art, and history. One result of these efforts was a series of novels that became counterculture bibles that remain widely influential today. Another was a body of evocative spiritual poetry. Published for the first time in English, these vivid, probing short works reflect deeply on the challenges of life and provide a spiritual solace that transcends specific denominational hymns, prayers, and rituals.

*The Seasons of the Soul* offers valuable guidance in poetic form for those longing for a more meaningful life, seeking a sense of homecoming in nature, in each stage of life, in a renewed relationship with the divine. Extensive quotations from his prose introduce each theme addressed in the book: love, imagination, nature, the divine, and the passage of time. A foreword by Andrew Harvey reintroduces us to a figure about whom some may have believed everything had already been said. Thoughtful commentary throughout from translator Ludwig Max Fischer helps readers understand the poems within the context of Hesse’s life.

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