



The Self-Love Affair: A Woman's Guide To A Daring & Mighty Life

Katie Phillips

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To feel happy and connected is your right. Feeling worthy of a life full of love, peace and deep satisfaction is not the Holy Grail.

Worry, anger, guilt and a lack of self worth are NOT your truth. The truth of you is free, empowered, abundant and joyful. You shine from the inside out. You are quite something to behold!

If you are ready to make the decision to become the best version of you, I can show you how to begin your Self-Love Affair, master your life and never look back.

- Get to know who you really are as we identify and clear out the layers of limiting self-beliefs and destructive patterns of behaviour so that you may begin to consciously create your deepest desires
- Reconnect with your Spirit, your purpose and your values and learn to be guided by those, rather than the expectations of others
- Witness the miraculous support of the Universe as you awaken to the fact that we are all one, that everything is connected and we are held by the most awesome power of love
- Access an uplifting library of meditations and music to support your journey of transformation

Do you dare to get real with where you are at and why?

Do you dare to embrace the power of your Spirit?

Do you dare to dream big?

Give yourself permission.

Dare to love yourself and live a truly mighty life!

'Katie is a woman who writes from a life she has fully explored. Her heart is one she has allowed to open to life's joys and sorrows. Her words will inspire many others to live with adventure and drop their fear.'

Tim Laurence - co-founder of Hoffman UK + Bestselling Author

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In this time globalization it is important to someone to obtain information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of sources to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher that will print many kinds of book. Typically the book that recommended to you personally is The Self-Love Affair: A Woman's Guide To A Daring & Mighty Life this book consist a lot of the information from the condition of this world now. This kind of book was represented how do the world has grown up. The language styles that writer require to explain it is easy to understand. The writer made some exploration when he makes this book. That is why this book appropriate all of you.

Valeria May:

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