



# The Conscious Anatomy: Healing the Real You

*Case Adams PhD*

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# The Conscious Anatomy: Healing the Real You

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The link between the human anatomy and consciousness continues to mystify modern medical science. The author reveals the scientific evidence illuminating the connection between consciousness and the body's metabolic processes. This evidence substantiates many key doctrines brought to us from the ancient traditional medicines, enabling a science-based clarification of 'mind-body-spirit.' The Conscious Anatomy reveals the hidden elements of intention and consciousness buried beneath our physiology, while presenting a logical approach to the ethical dilemmas facing modern medicine today, as patients, physicians and medical institutions wrestle with critical care, pain and death. The Conscious Anatomy takes the reader on a profound journey through the subtle energetics of the body, uncovering the inner spirit with clarity and scientific rigor — along with practical strategies for true healing.

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